

# A Systematic Review of Bone Anti-Resorptive Treatment Toxicity in Innate and Adaptive Immunity Cells: Osteonecrosis of the Jaws and Future Implications

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**Abstract:** *Introduction:* Bone anti-resorptive agents, namely bisphosphonates and denosumab are widely prescribed for the prevention of osteoporosis fractures and of cancer-related skeletal events. Osteonecrosis of the jaws (ONJ) has been reported for both drug categories. These agents have anti-proliferative effects in osteoclasts. We argue that because osteoclasts share their progenitor cells with macrophages, ONJ could be the result of reduced numbers and function of macrophages.

*Methods:* We systematically searched MEDLINE, EMBASE, and Cochrane Central Register of Controlled Trials (CENTRAL) from inception through September 2014, for studies reporting the effects of bone-antiresorptive agents in the innate and adapted immunity. No limitations pertaining to study type were set.

*Results:* Periosteal and endosteal tissues contain a discrete population of resident tissue macrophages. BPs cause apoptosis of macrophages in a dose and agent dependent manner. Increased cytotoxic activity by the  $\gamma\delta$  T cell population, could induce macrophage cell death causing local immune deficiency. Upon apoptotic stimuli, zoledronate-pre-treated macrophages exhibit a significantly greater apoptotic rate. Long term BP exposed monocytes and macrophages may lead to functional impairment and reduced numbers of monocytic cells.

*Conclusions:* Bone-anti-resorptive agents have the capacity of both functionally impairing and reducing the macrophage population. The currently available limited evidence suggests a plausible role of these agents in the pathogenesis of ONJ. Future studies both clinical and experimental should focus on the effects of these drugs in immune homeostasis.

**Keywords:** Bisphosphonates, denosumab, osteonecrosis of the jaws, osteoclasts, macrophages, infection risk.

## 1. INTRODUCTION

Today, bone antiresorptive drugs, namely bisphosphonates (BPs) and denosumab are the most widely used drugs in the management of osteoporosis [1-4]. Apart from BPs, the blockade of receptor activator of nuclear factor - B ligand (RANKL) has been an advancement in the treatment of diseases that affect bone remodeling. Denosumab (DSB), which is the only drug in this class until nowadays, is a highly specific fully human IgG2 monoclonal antibody to RANKL. RANK, which is a member of the tumor necrosis factor super family of mediators, plays a prominent role in the regulation of osteoclastogenesis and osteoclast's survival [5-8]. DSB targets the RANKL and inhibits its interaction with the receptor activator of nuclear factor- B (RANK). Oncologists also prescribe

intravenous bisphosphonates and DSB in higher doses compared to those prescribed for non-malignant indications, for the management of cancer related skeletal events [8].

Osteonecrosis of the jaw (ONJ) is a complication associated with the use of bone antiresorptive agents [9], which has been described over the last years [1, 9, 10]. It has been suggested that the development of ONJ accompanies much higher doses of IV bisphosphonates that oncologists use [11]. Nonetheless, recent good quality evidence suggests that ONJ is also common among patients receiving BPs (per os or intravenous) for non-malignant indications [12-16]. The hallmark of ONJ development is the finding of necrotic exposed bone in the oral cavity [9, 17]. In many cases, the precipitating event appears to be a dental extraction or other dental invasive procedures [9, 17]. Evidence supports the notion that ONJ is associated with dental extraction and use of dentures [9, 18, 19]. Another 40% of ONJ appears to be unrelated to dental

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treatment and develops spontaneously [13, 20]. The majority of lesions do not exhibit progress under antibacterial therapy and some even heal [16, 21-23].

Infection may be the common factor involved in the aetiopathogenesis of bone antiresorptive drugs related ONJ. Both BPs and DSB exhibit anti-proliferative effects in osteoclasts and it is through those effects that they exert their therapeutic indication as bone anti-resorptive agents. However, osteoclasts and macrophages stems from a common progenitor cell lineage [24]. Thus, compromised local defense due to insufficient numbers or reduced functional capacity of macrophages along with the impaired oral mucosa that has been reported in patients receiving BPs [25], could allow oral pathogens to reach the bone surface of the jaws [26]. In a status of low bone turnover caused by potent anti-resorptives such as bisphosphonates and denosumab, the colonization of oral pathogens would be encouraged and fulminant infection could develop [24, 26].

The scope of this review is to systematically collect and contextualize currently available evidence to support or reject this hypothesis.

## 2. MATERIALS AND METHODS

### 2.1. Selection of Relevant Studies

Eligible studies for the systematic review were all forms of publications, including clinical trials, observational cohort studies, case control studies, case series, case reports, reviews, abstracts, letters to the editor and cross sectional studies. Experimental studies were considered as well, in an attempt to collectively review currently existing evidence.

### 2.2. Search Strategy

To identify eligible studies, the main search was conducted in the electronic databases MEDLINE, EMBASE, and Cochrane Central Register of Controlled Trials (CENTRAL) from inception through March 2015, using any one of the terms:

“Denosumab OR AMG 162” (MeSH), “RANKL inhibition” (MeSH), “bisphosphonates” (MeSH), “(bisphosphonates OR pamidronate OR zoledronate OR etidronate OR ibandronate OR clodronate OR “Clodronic Acid” [Mesh] OR “pamidronate” [Substance Name] OR “Etidronic Acid” [Mesh] OR “zoledronic acid” [Substance Name] OR “ibandronic acid” [Substance Name]) OR

“pamidronate” [Substance Name] OR “Etidronic Acid” [Mesh]) OR “ibandronic acid” [Substance Name] OR “Clodronic Acid” [Mesh] OR “zoledronic acid” [Substance Name] ) OR “Alendronate” [Mesh] OR “risedronic acid” [Substance Name] OR “tiludronic acid” [Substance Name], “osteonecrosis” (MeSH), “Jaw Diseases” (Mesh), “bone necrosis”, “osteonecrosis”, “jaw” (Mesh), “mandible” (MeSH) “maxilla” (MeSH), “antiresorptive”, “macrophages (Mesh)”, “Monocyte-Macrophage Precursor Cells (Mesh)”, “Granulocyte-Macrophage Progenitor Cells (Mesh)”, “Macrophage-Activating Factors (Mesh)”, “Macrophage Activation (Mesh)”, “Myeloid Progenitor Cells (Mesh)” without language restriction. The manual search was concluded by the perusal of the reference sections of all relevant studies or reviews and a contact with experts on the subject in an effort to identify relevant unpublished data. The main search as well as screening of titles and abstracts was completed independently by two authors.

### 2.3. Eligibility of Relevant Studies / Selection of Studies

In order for a study to be eligible the one of the following criteria need to apply: (a) the study should report on infectious complications in patients treated with bone anti-resorptive agents OR (b) the study should examine immune system components in a cell culture or animal design; (c) the study should discuss the side effects of bone – antiresorptive therapy in the immune system.

### 2.4. Data Extraction

Information from each study was extracted independently by two authors. Study general characteristics and outcomes were recorded.

### 2.5. Outcomes

Any reported infectious complication in patients under bone anti-resorptive agents was the outcome of this study.

Recorded changes to patients’ immune system were also primary endpoint.

Secondary endpoints were information about infection risk or changes in immune homeostasis in animal experimental models.

Effects of bone-anti-resorptive agents in cell cultures of immune-mediating cells were also a secondary endpoint.

## 2.6. Role of the Funding Source

The study was supported in part by the IKY Fellowships of Excellence for Postgraduate studies in Greece – Siemens Program. The funding source had no role in the study design, collection, analysis and interpretation of the data, nor in the writing of the manuscript. A.K., and M.Y. had access to the raw data. The corresponding author had full access to all of the data and the final responsibility to submit for publication.

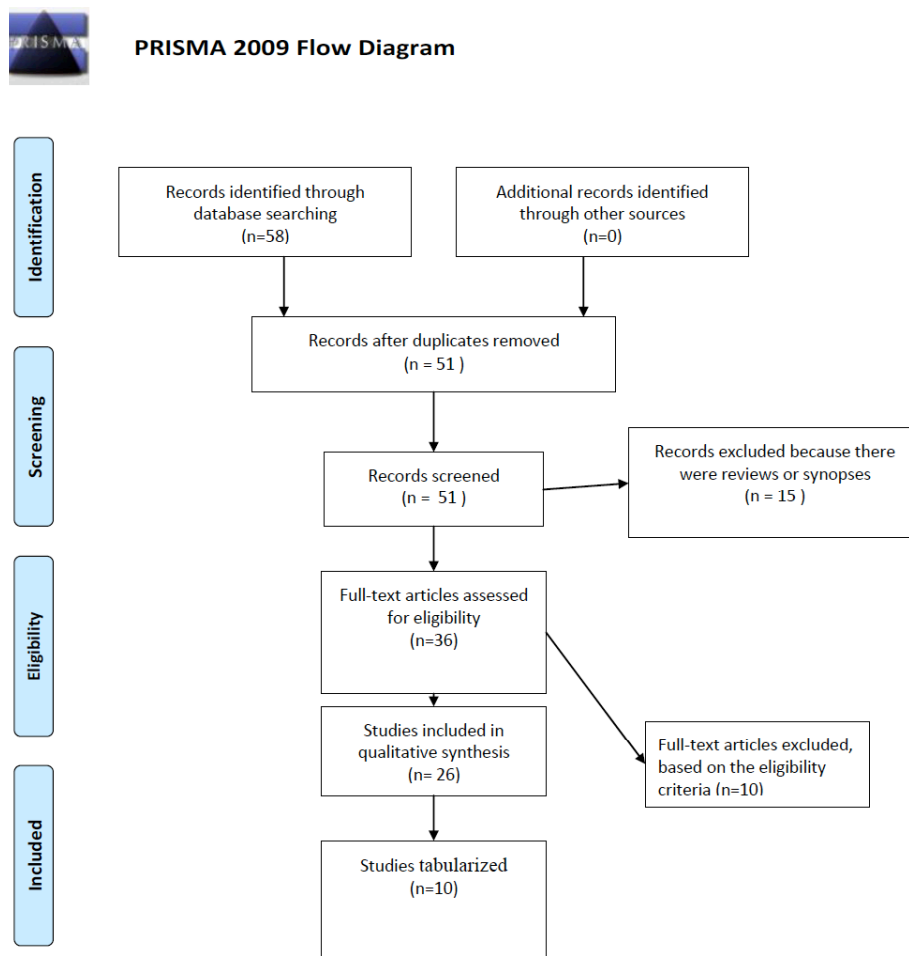
## 3. RESULTS – SYNTHESIS OF THE EVIDENCE

The search led to the identification of 58 relevant publications. Of these, there were 7 duplicates while 15 were reviews or synopses. 36 studies were eligible for the purpose of this review and have been reviewed in full text. Of these, 26 were included in the qualitative synthesis (PRISMA Flow Chart, Figure 1). Those more important to support the theory in study (10) were tabularized for reader convenience (Table 1). Due to

the scarcity of evidence, the studies have been narratively summarized to synthesize the possible aetiopathogenetic theory in study. In this resume, we elected to present the data under discrete subheading, in which we summarize the evidence supporting each subheading. The complete theory which is based on the evidence under the subheadings, is presented in Table 1.

### 3.1. ANTI-RESORPTIVE TREATMENT CONTRIBUTES INCREASED INFECTION RISK

Anastasilakis, Toulis *et al.* [27, 28], in their meta-analysis of RCTs reported that denosumab was associated with increased serious infections risk in women assigned to denosumab as compared to controls [HR (95% CI) 4.45, (1.15 to 17.14),  $p=0.03$ ] [28]. On a follow up of the FREEDOM study publication, the authors updated their meta-analysis and reported the risk of serious infections to have remained significantly higher for the denosumab group [Mantel–Haenzel risk ratio (M–H RRR)= 1.26, confidence



**Figure 1:** Results of the search. PRISMA flow diagram. (From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The PRISMA Statement. PLoS Med 6(6): e1000097. Doi:10.1371/journal.pmed1000097).

**Table 1: The Macrophage ONJ Hypothesis: Contemporary Evidence**

Study	Year	Type	Conclusion	How conclusion fits hypothesis
Anastasilakiset al [28]	2009	Meta-analysis of RCTs	Denosumab confers increased infection risk	There is some kind of impairment in host immunity from DSB
Zhou <i>et al.</i> [29]	2014	Meta-analysis of RCTs	Denosumab confers increased infection risk	
Curtis <i>et al.</i> [30]	2015	Cohort study of RA patients	DSB and ZA cause similar infection risk	This impairment also exists for ZA
Chang <i>et al.</i> [32]	2008	Experimental animal model (mice)	Periosteal and endosteal tissues contain a discrete population of resident tissue macrophages.	Macrophages do exist in bone, where they exercise their immune role; in addition they may also play a role in tissue homeostasis
Moreau <i>et al.</i> [34]	2007	Experimental cell culture	BPs cause apoptosis of macrophages in a dose and agent dependent manner.	Macrophages population is reduced by BPs.
Vermeer <i>et al.</i> [46]	2013	Experimental cell culture	Pamidronate alters the cellular balance in the cultures from the osteoclast lineage towards macrophages and osteoblasts.	Inhibition of osteoclastogenesis changes the balance in favor of macrophages. We suggest that these cells could have been destined to be osteoclasts but they were not able to properly mature.
Ji <i>et al.</i> [47]	2012	Case series clinical study	No significant differences in bacterial diversity of ONJ tissues from patients treated with and without antibiotics	Lack of efficacy of antibiotic treatment in ONJ patients may be suggestive of compromised macrophage function.
Roelofs <i>et al.</i> [49]	2009	Experimental cell culture	Zoledronic acid-treated monocytes were able to trigger the activation of $\gamma\delta$ T cells which act as antigen presenting cells (APCs) and induce cytotoxic activity.	Increased CD14/CD68 ratio is a marker of immune homeostasis alteration by BPs. The increased cytotoxic activity by $\gamma\delta$ T cells induces macrophage cell death thereby causing local immune deficiency.
Hoefert <i>et al.</i> [56]	2015	Case series clinical study	Increased population of CD14+ cells in tissues from patients with ONJ.	
Muratsu <i>et al.</i> [55]	2013	Experimental cell culture	Macrophages pretreated with zoledronate have an increased cytokine and nitric oxide content.	Upon apoptotic stimuli, zoledronate treated macrophages may exhibit a significantly greater apoptotic rate.

interval (CI)=0.01-1.57;  $p = 0.04$ ) [27]. A more recent meta-analysis, presented similar ratios and verified the increased infection risk in this group of patients [29]. Despite the limitations of the latter study pertaining to the small sample sizes and the heterogeneity [29]; this finding from meta-analyses of clinical trials suggests the possibility of an impaired –even minimally- immune system in patients receiving DSB. A recent study in patients with Rheumatoid Arthritis (RA), suggests that both DSB and zoledronate—the most potent bisphosphonate exhibit a similar increased infection risk [30].

### 3.2. MACROPHAGES ARE PRESENT IN THE JAW BONE

The presence of F4/80 + macrophage-like cells on osteal surfaces has been reported since 1984 [31]. Pettit and colleagues reported that periosteal and endosteal tissues contain a discrete population of

resident tissue macrophages [32]. The authors reported that in an experimental system of enriched osteoblasts and macrophages, macrophages were required for efficient osteoblast mineralization in response to elevated extracellular calcium, which is the physiological remodeling stimulus [32]. Further they confirmed that macrophage depletion impaired osteoblast differentiation and mineralization [32]. Macrophages have been reported to be present in the oral mucosa as well [25].

Blood monocytes migrate into every tissue of the body, where they differentiate into resident tissue macrophages. Infection, inflammation or tissue injury trigger a rapid matriculation of monocytes from peripheral blood to the affected area. These monocytes then differentiate to become immune macrophages that play their role in innate and adaptive immune responses [33].

### 3.3. BISPHOSPHONATES INDUCE APOPTOSIS OF MACROPHAGES

In 2007, Moreau *et al.* showed that in the murine macrophage cell line J774A. BPs inhibited proliferation and induced apoptosis (programmed cell death). The efficiency of inducing apoptosis by the different BPs was zoledronate>risedronate> alendronate >pamidronate>etidronate, but they considered the serum concentration of BPs not sufficient to induce and sustain macrophage apoptosis over a long period [34]. Importantly, it has been reported that nitrogen containing BPs, and especially zoledronic acid (ZOL), can exert antimyeloma activity both *in vitro* and *in vivo* [35, 36]. Tumor macrophages have been reported to be targets of BP treatment in cancer patients [36].

### 3.4. MACROPHAGES ARE AFFECTED BY ANTI-RESORPTIVE AGENTS

Macrophages have been reported to exhibit marked similarities with osteoclasts. Activated macrophages display increased membrane ruffling, spreading, adhesion and lysosomal enzyme activity. Both macrophages and osteoclasts contain phagolysosomes, acidic compartments full of hydrolases. Furthermore, both macrophages and osteoclasts contain tartrate-resistant acid phosphatase (TRAP), a lysosomal protein that participates both in bone resorption and in the inflammatory responses exerted by the macrophages [37].

It has been proposed that, except for osteoclasts, monocytes and macrophages may be the cells that are most likely to be affected by the administration of bisphosphonates [38]. Indeed, the team by Roelofs *et al.* reported that when J774 macrophages were co-cultured with rabbit osteoclasts, J774 cells that were adjacent to resorbing osteoclasts frequently internalized more fluorescently-labelled alendronate analogue (FL-ALN) than J774 cells more distant to the osteoclasts. Moreover, J774 macrophages that occupied resorption pits internalized more FL-ALN than those on unresorbed surfaces [39, 40]. Thus macrophages can internalize BPs in a similar manner and in a same extent with osteoclasts.

Roelofs *et al.* demonstrated high levels of risedronate uptake into bone marrow monocytes. Analysis of intracellular uptake of fluorescent risedronate analogues demonstrated that CD14 labelled monocytes internalized relatively large amounts of BPs both *in vitro* and *in vivo* compared to other bone marrow cell populations. Highly endocytic cell types such as macrophages and monocytes

demonstrated much higher levels of intracellular uptake and were more sensitive to BPs than less endocytic cell types such as lymphocytes and osteoblasts [38].

Of note, J774 macrophage-like cells were actually used as an experimental cell culture model to study the effects of bisphosphonates on osteoclasts [24]. We discussed above that bisphosphonates are internalized into J774 macrophage-like cells in the same way that they are internalized by the osteoclasts [41]. Within the cell, BPs inhibit cholesterol synthesis [42]. What is more, protein prenylation has been reported to be inhibited in J774 cells by risedronate at a concentration of  $10^{-5}$  M, which is similar to the concentration of BPs that affects osteoclast viability *in vitro*; such a concentration can be achieved within the osteoclast resorption area [43].

Cytotoxic and migration inhibitory effects of BPs on macrophages have been described as early as 1996. Migration inhibition appeared to be a more sensitive indicator of BP activity than cytotoxicity [44]. Tsurushima *et al.* injected Aggregatibacter actinomycetemcomitans and Freund's adjuvant into drill holes of the jaws and femurs of Wistar rats. The rats treated with zoledronate showed significant wider osteonecrosis areas in mandible and femurs. They concluded that bacterial infection in BP affected bones leads to a rapid advance of osteonecrosis. Because of the same result by Freund's adjuvant, a highly antigenic agent, they considered the inflammatory stimulus as a trigger of ONJ [45].

### 3.5. COULD COMMON MACROPHAGE-OSTEOCLAST PROGENITORS FORM MACROPHAGES INSTEAD OF OSTEOCLASTS?

Vermeer *et al.* isolated bone marrow cells from jaw and long bone from mice and primed the cells with the cytokines M-CSF and RANKL in order to cause them differentiate into osteoclasts. In those cells, they investigated the expression of the transcription factors V-maf musculoaponeurotic fibrosarcoma oncogene homolog B (MafB) and interferon regulatory factor 8 (Irf8), which are highly expressed in macrophages and inhibit osteoclastogenesis. They analyzed the expression of the macrophage marker F4/80 and the osteoblast marker tissue non-specific alkaline phosphatase (ALP). They showed that, expression of ALP and F4/80 was higher after treatment with 100  $\mu$ M pamidronate (PAM) from days 3–8 in jaw cells [46]. They suggested that the potent inhibition of osteoclastogenesis by PAM alters the cellular balance in the cultures from the osteoclast lineage towards

macrophages and osteoblasts [46] Their findings may suggest that (1) a common progenitor lineage exists for bone macrophages and osteoclasts. Anti-resorptive drugs may skew this relation in favor of macrophages. (2) Those resulting macrophages may not be adequately mature to cope with their role.

We suggest that the impairment of macrophage progenitor lineage after administration of anti-resorptive agents might result in mature cells, which were destined to become osteoclasts but now they have matured to cells having similarities to macrophages but are less functional.

### 3.6. ANTIBIOTICS DO NOT RESOLVE ONJ AND THIS MAY BE DUE TO COMPROMISED MACROPHAGE FUNCTION

Ji *et al.* indicated that oral antibiotic therapies are of limited efficacy on bacterial population associated with ONJ lesions, showing no significant differences in bacterial diversity of ONJ tissue from patients treated with and without antibiotics [47]. This indeed could also be triggered by compromised macrophage functions. Species affiliated to genera *Pavimonas* and *Peptostreptococcus* were more prevalent in antibiotic-administered groups, whereas *Fusobacterium*, *Atrobium*, and *Streptococcus* predominantly existed in groups without antibiotics [47]. The lack of efficacy of antibiotic treatment in ONJ patients to –at least partially- eliminate bacterial populations may be suggestive of the compromised macrophage function in this group of patients.

### 3.7. BISPHOSPHONATES MAY ALTER THE IMMUNE RESPONSE TOWARDS A *Th2* TYPE

In addition to their anti-resorptive effects, it has become apparent that nitrogen-containing BPs also have immunomodulatory properties. These drugs activate immune cells called gamma, delta T lymphocytes ( $\gamma\delta$ T cells) [48]. Treatment of human peripheral blood mononuclear cells with zoledronic acid induced accumulation of isopentenyl diphosphate (IPP) and its stereo- isomer dimethylallyl diphosphate (DMAPP). These zoledronic acid-pretreated monocytes were able to trigger the activation of  $\gamma\delta$ T cells [49]. This phenomenon was described as an acute-phase reaction after BP intravenous administration of nitrogen-containing BP involving the activation of  $\gamma\delta$  T cells [48]. Roelofs *et al.* reported that low concentrations of zoledronate (0.5  $\mu\text{mol/l}$ ) were sufficient to cause detectable accumulation of IPP/DMAPP. They hypothesized that a concentration of 1  $\mu\text{mol/l}$  for 2

hours is equivalent to circulating concentration of one standard dose of zoledronate and they detected increased IPP/DMPP concentrations [49]. They suggested that the same  $\gamma\delta$  T cells, when stimulated by IPP might also behave like mature antigen presenting cells (APCs) and present antigens to the other  $\gamma\delta$  T cells. This would mean that naive CD4 + and CD8 +  $\gamma\delta$  T cells turn into effector cells [48]. ATh1 or Th2 response of T cells is the result. Th1 responses are pro- inflammatory with subsequent production of IFN-  $\gamma$  and TNF-  $\alpha$ , against bacterial infections. A Th2 response is cytotoxic with induction of CD8 + cytotoxic T cells needed for killing infected cells or tumour cells [50]. Activated macrophages (activated by intracellular bacterium like *Listeria monocytogenes*) have been reported to interact with  $\gamma\delta$  T cells to acquire cytotoxic activity, [51] which could subsequently induce macrophage cell death. This immunological result for intracellular pathogens could be stimulated by BPs and their metabolites, thus shifting the immune response towards a Th2 type and causing local immune deficiency.

Kalayan *et al.* suggested that a chronic immune stimulation by IPP of  $\gamma\delta$  T cells may be resulting in a decrease of these cells in circulation. This might lead to a depletion of these innate T cells and loss of function [52]. Hoefert *et al.* reported an increased population of CD14 + cells in tissues from patients with ONJ. This changed ratio of CD68/CD14 expression in ONJ patients is in contrast to patients with osteoradionecrosis or osteomyelitis and could be further supportive of the above theory. Concordantly, Zhang *et al.* [53] described lower CD68 macrophage infiltration in mucosal tissues of ONJ-lesions and in BP-exposed patients a finding which is opposite to marked CD 68 infiltrations noted in tissue adjacent to extraction sockets of periodontitis affected teeth in controls. They also noted that CD68 macrophages were lower in healthy controls when compared to either periodontitis or ONJ patients [53]. In this regard Pietschmann *et al.* observed a decreased CD14 expression on peripheral blood monocytes/macrophages exposed to alendronate in an *in vitro* model [54]. Alendronate treatment has also been reported to result in an increased production of interleukin-1  $\alpha$ , tumornecrosis factor (TNF) and interferon- $\gamma$  [54]. Pazianas concluded that long term BP exposed monocytes and macrophages may lead to functional impairment and reduced numbers of monocytic cells [24].

Muratsu *et al.* observed that in macrophages pretreated with zoledronate an increased cytokine and nitric oxide level was found [55]. Lipopolysaccharide (LPS)-induced apoptosis also increased after zoledronate treatment. More specifically, LPS-stimulated production of IL-1  $\beta$ , IL-6, and TNF-  $\alpha$  from the osteoclastic-like cells RAW254.7 increased significantly after zoledronate pretreatment. The nitric oxide production was significantly higher in zoledronate pretreated cells than in LPS only treated controls, suggesting that zoledronate accelerates nitric oxide release and finally a significant apoptosis was seen after LPS and zoledronate pretreatment and additional LPS exposition. After LPS binding to Toll -like receptor 4 (TLR4) and activating NF-  $\kappa$  B, an over- production of nitric oxide and pro-inflammatory cytokines like IL-1  $\beta$ , IL-6, and TNF-  $\alpha$  and other detrimental mediators may occur that could activate apoptosis. As a result, immune cells produce large amounts of inflammatory cytokines to give raise to a hyper-inflammatory state [55]. Changes of macrophages could appear in that pre-apoptotic state and therefore have an effect in CD68/CD14 ratio as reported by Hoefert *et al.* [56].

#### 4. DISCUSSION

Through this review, we were able to summarize available evidence that bone anti-resorptive treatment is associated with increased infection risk. This effect is clearer for denosumab, for which two meta-analyses of RCTs [28, 29] concluded in agreement. A recent cohort study published this year, reported a similar infection risk in hospitalized RA patients under either DSB or ZA treatment [30]. Thus there is sufficient evidence to suggest an increased infection risk for patients in bone anti-resorptive treatment, thereby justifying the scope of this review. Which is to explore the etiology of this increased infection risk and provide further insight in the etiology of ONJ.

Chang *et al.* [32] reported that periosteal and endosteal tissues contain a discrete population of resident tissue macrophages. Since macrophages do exist in bone, where they exercise their immune role they may be the target of bone anti-resorptive induced ONJ and infection in general. Moreau *et al.* [34] reported that BPs cause apoptosis of macrophages in a dose and agent dependent manner. Thus the macrophage population is a target for BPs. Vermeer *et al.* [46] concluded that inhibition of osteoclastogenesis changes the balance in favor of macrophages. We further suggest that these cells could have been destined to be osteoclasts but they were not able to

properly mature. This argument needs to be tested in future experimental models. A similar experiment with the one conducted by Vermeer *et al.* [46] needs to be designed, in which the resulting population of cells will be compared to a control macrophage cell population, with regard to their ability to produce enzymes, cytokines and a variety of paracrine mediator molecules. Roelofs *et al.* [49] and Hoefert *et al.* [56] conducted studies that suggest an increased cytotoxic activity by the  $\gamma\delta$  T cell population, which could in turn induce macrophage cell death thus leading to local immune deficiency. The immune response in ONJ patients is probably shifted towards a Th2 type due to the pharmacodynamics of bone-antiresorptive agents [50]. Muratsu *et al.* [55] concluded that upon apoptotic stimuli, zoledronate treated macrophages may exhibit a significantly greater apoptotic rate. Pazianas previously suggested that long term BP exposed monocytes and macrophages may lead to functional impairment and reduced numbers of monocytic cells [24]. It appears that bone-anti-resorptive agents have the capacity of both functionally impairing and reducing the macrophage population. Future studies should also focus on the numbers of monocytic cells in the tissues and blood of patients under such treatment, to detect differences in population subsets that may further elucidate the etiology of osteonecrosis of the jaws.

To conclude, the currently available limited evidence suggests that the apparent role of bone-anti-resorptive agents in the pathogenesis of ONJ may be mediated through their effects in the macrophage population. To further prove or disprove this argument, future studies either clinical or experimental should focus on the effects of these drugs in the macrophage population.

#### CORETIP

Periosteal and endosteal tissues contain a discrete population of resident tissue macrophages. Bisphosphonates (BPs) cause apoptosis of macrophages in a dose and agent dependent manner, causing local immune deficiency. Long term BP exposed monocytes and macrophages may lead to functional impairment and reduced numbers of monocytic cells. Bone-anti-resorptive agents have the capacity of both functionally impairing and reducing the macrophage population. Currently available evidence suggests a plausible role of these agents in the pathogenesis of osteonecrosis of the jaws (ONJ), with impairment of local immunity consisting the key component of its pathogenesis.

## AUTHOR CONTRIBUTIONS

Kyrgidis A and Yavropoulou M selected the theme to be reviewed, performed the literature search, wrote the text and draw Table 1; Tilaveridis I, Andreadis Ch, Antoniadis K, Kouvelas D designed the text structure and made critical corrections and revisions until the submitted version was achieved.

## CONFLICT-OF-INTEREST STATEMENT

The above-mentioned authors of this manuscript hereby declare that they do not have any conflict-of-interest (including but not limited to commercial, personal, political, intellectual, or religious interests) related to the work submitted herein.

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