

SUPPLEMENTAL MATERIALS

ATTITUDES, KNOWLEDGE AND BEHAVIOUR QUESTIONNAIRE TOWARDS DENTAL DISEASES AMONG GRADE MEDICAL OFFICERS IN SRI LANKA

BASIC INFORMATION -

1.	Age		
2.	Gender		
		M	<input type="checkbox"/>
		F	<input type="checkbox"/>
3.	Designation- Medical officer		<input type="checkbox"/>
4.	Total years of service –		
		Registrar	<input type="checkbox"/>
		Senior Registrar	<input type="checkbox"/>
		Others	<input type="checkbox"/>
5.	Speciality (clinic) –		
		Medicine	<input type="checkbox"/>
		Surgery	<input type="checkbox"/>
		Paediatrics	<input type="checkbox"/>
		Gynaecology and Obstetrics	<input type="checkbox"/>
		Others	<input type="checkbox"/>
6.	Total number of hours of oral health lectures you have attended (Approximately) –		
7.	Total number of clinical hours in oral health (Approximately)		
8.	Sources used to take information about oral health		
		Magazine	<input type="checkbox"/>
		Media	<input type="checkbox"/>
		Dentists	<input type="checkbox"/>
		Internet	<input type="checkbox"/>
		Others	<input type="checkbox"/>

ORAL HEALTH BEHAVIORS

1.	Have you ever had any treatment for a dental disease –	
	Yes	<input type="checkbox"/>
	No	<input type="checkbox"/>
2.	If so, what is/are the condition/ conditions –	
3.	Do you currently have –	
	Dental caries	<input type="checkbox"/>
	Gingivitis	<input type="checkbox"/>
	Sensitive teeth	<input type="checkbox"/>
	Oral pain	<input type="checkbox"/>
	Others	<input type="checkbox"/>
4.	How often do you visit a dental practitioner –	
	Once in 6 months	<input type="checkbox"/>
	Once in 2 months	<input type="checkbox"/>
	Only when there's pain	<input type="checkbox"/>
	Once in 2 -5 years	<input type="checkbox"/>
	Rarely	<input type="checkbox"/>
5.	How do you maintain your oral hygiene –	
	Tooth brushing	<input type="checkbox"/>
	Mouth rinse	<input type="checkbox"/>
	Tooth pick	<input type="checkbox"/>
	Dental floss	<input type="checkbox"/>
	Others	<input type="checkbox"/>
6.	How many times do you brush your teeth per day –	
	Only once	<input type="checkbox"/>
	Twice	<input type="checkbox"/>
	After each meal	<input type="checkbox"/>
	When convenient	<input type="checkbox"/>

YOUR KNOWLEDGE ON DENTAL DISEASES

1. Factors causing tooth decay –

- Oral Microorganism
- Sugar contained food
- Frequency of intake of sugary food
- Smoking

2. Factors responsible for periodontal diseases –

- Dental caries
- Plaque and calculus
- Teeth with fractures restoration
- Stomatitis

3. Periodontitis is linked to systemic diseases such as – Endocarditis

- Preterm births
- Diabetes
- Osteoporosis
- Rhumatoid arthritis
- Others

4. What are the most common oral premalignant lesions?

- Leukoplakia
- Erythroplakia
- Oral submucous fibrosis
- Lichen planus
- Aphthae

5. In high risk patients do you examine patient’s mouth?

- As a part of the routine examination
- If only complain of soreness/pain
- As a result of the practical knowledge
- Not done regularly
- Never

6. Are you confident in detecting oral premalignant lesions?

Very confident

Confident

No confident

7. Perceived barriers for oral cancer examination;

No proper training

Time consuming

It is the responsibility of dentist

No incentives

ATTITUDES REGARDING DENTAL DISEASES

1. How often would you advice a client to visit a dentist –

Once in 6 months

Once in 2 months

Only when there's pain

Once in 2 -5 years

2. If you encounter a patient with a dental abscess what would you do ?

Refer to a dentist

Treat with Antibiotics + Analgesics

Ignore because it is self limiting

3. Dental visits improve quality of life – Y N

4. Do pregnant women need dental screening – Y N

5. I would advice on periodic dentist visits for children – Y N

DETAILS ON PRACTICE AND REFERRALS

1. How many patients do you see per day –

0 – 10 –

10 – 20 –

20 – 30 –

> 30

2. Where do you see your patients (You can mark more than one responses),

Ward

Clinics

Private institute

3. Do you examine them for oral diseases – Y N

4. Average number of patients with dental conditions seen by you per day –

0 – 10

10 – 20

20 – 30

5. What limits you from examining oral diseases ?

I have big workload with busy clinics

I believe that oral health is not that important

Examining for dental diseases is not a part of my work

People usually visit dentists regularly

6. How often do you see patients with dental caries ?

Everyday

Often

Rarely

7. If a patient comes to you with a toothache, what would you do ?

Refer to a dentist

Treat with antibiotics and analgesic

Ignore because it is self limiting

8. How often do you refer patients to dentists ?

Everyday

Once in a week

Once in a month

9. I do not refer my patients to dentists because;

There are no dentists nearby

It is out of my working capacity

I can effectively treat them

SUPPLEMENTARY FIGURES

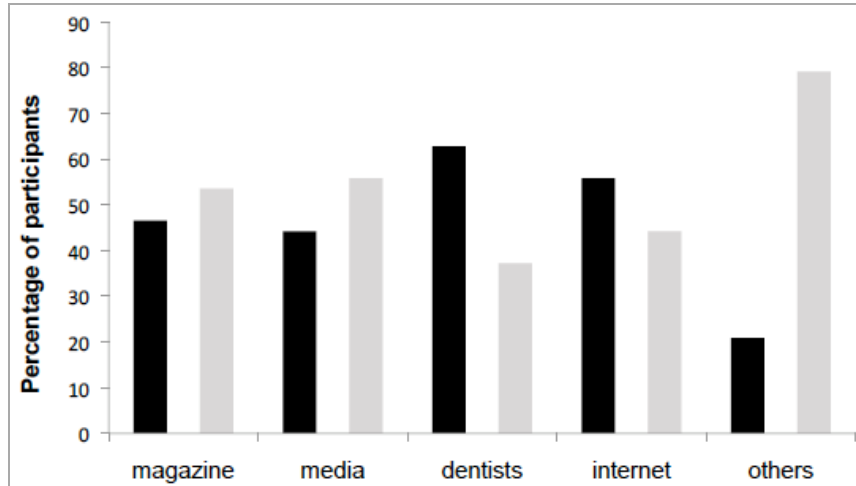


Figure 1: Methods used to gather information on dental diseases. Black and gray bars denote yes and no, respectively.

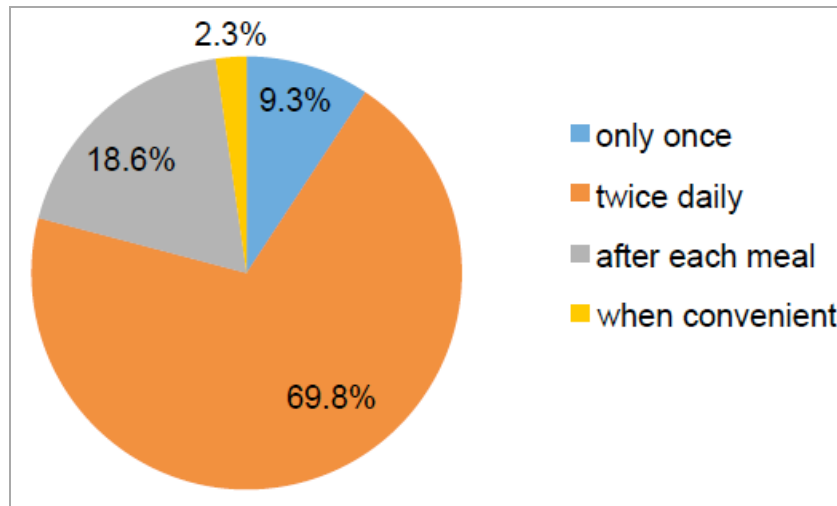


Figure 2: Frequency of tooth brushing by medical practitioners.

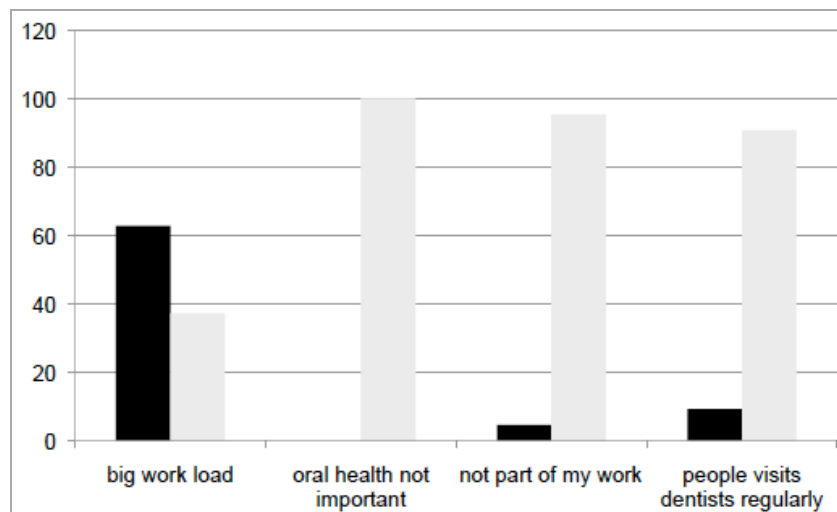


Figure 3: Factors which preclude medical practitioners examining patients for oral diseases. Black and gray bars denote yes and no, respectively.