# The Origins of *Staphylococcus aureus* Isolated from Blepharitis Based on Panton-Valentine Leukocidin and Antibiotic Susceptibility Testing

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Abstract: Introduction: Blepharitis is a common condition, sometimes associated with Staphylococcus aureus. Panton-Valentine Leukocidin (PVL) toxin is a Staphylococcus aureus virulence factor that can be associated with skin and soft tissue infections. Hospital-acquired Staphylococcus aureus infections are generally multi-resistant to antibiotics and PVLnegative. Community-acquired Staphylococcus aureus infections tend to be broadly susceptible to antibiotics and PVLpositive. Though blepharitis is a common clinical diagnosis, the source of infection is not fully understood. Focus on the origin of disease could aid in better treatment and reduction of anti-infective resistance. The purpose of this study is to determine if Staphylococcus aureus blepharitis is predominantly a community-acquired or hospital-acquired infection based on antibiotic susceptibility and PVL testing. Materials and Methods: Fifty-nine de-identified Staphylococcus aureus isolates collected from patients with blepharitis were tested for antibiotic susceptibility by disk diffusion using multiple antibiotics from several different classes. The isolates were also tested for the presence of Staphylococcus aureus nuclear DNA and PVL toxin gene using PCR. Multi-resistance was defined as resistance to 3 or more classes of antibiotics. Results: Of the 59 isolates with PCR-identified Staphylococcus aureus DNA, 13 (22%) were multi-resistant; 12 (20%) were methicillin-resistant; and, 3(5%) were PVL-positive. Ten (17%) were multi-resistant and PVL-negative, consistent with hospital-acquired infection. None of the isolates were broadly susceptible to antibiotics and PVL-positive, which would be consistent with community-acquired infection. Forty-nine isolates (83%) (p=0.0001) could not be designated to either group. Conclusion: Based on PVL and antibiotic susceptibility testing, our results reject the hypothesis that Staphylococcus aureus blepharitis is a community-acquired infection. Staphylococcus aureus blepharitis appears not to be predominantly community- or hospital-acquired based on these parameters.

Keywords: Blepharitis, Staphylococcus aureus, Panton-Valentine Leukocidin.

### INTRODUCTION

Blepharitis is a common condition that involves inflammation or infection of the eyelids. When caused by Staphylococcus aureus, treatment is important to avoid other ocular infections, including corneal ulcer, orbital cellulitis and panophthalmitis [1-5]. Panton-Valentine Leukocidin (PVL) is a virulence factor produced by Staphylococcus aureus that has been associated with severe skin and soft tissue infections [6]. It is a pore-forming leukotoxin with the ability to lyse leukocytes [6]. There is basis in the literature linking PVL to community-acquired Staphylococcus aureus infections [7]. Its presence, or lack thereof, has been linked to classification of community-acquired and hospital acquired staphylococcal infections [6]. Staphylococcus aureus isolates that are PVL-positive

and susceptible to most antibiotics (including methicillin) are categorized as community-acquired, while PVL-negative isolates that are multi-resistant (including methicillin) are identified as hospitalacquired. While it may be suspected that Staphylococcus aureus blepharitis is a communityacquired condition, this has not been determined using PVL testing and antibiotic susceptibilities. Given the nature of the condition, one may reason that the Staphylococcus aureus isolates involved in blepharitis would be PVL-positive and pan-susceptible to antibiotics. No studies have been done to classify how Staphylococcus aureus behaves in blepharitis versus other sites of the body.

In this study, our goal was to determine whether *Staphylococcus aureus* blepharitis has similar characteristic to the origins of many skin infections. We hypothesize that *Staphylococcus aureus* isolated from blepharitis would possess the *pvl* gene and be pansusceptible to most antibiotics. This would classify these isolates as community-acquired infections.

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## MATERIALS AND METHODS

## **Antibiotic Susceptibility**

susceptibility The antibiotic profiles of Staphylococcus aureus isolates from blepharitis (1999-2010) were reviewed from the de-identified clinical bank of bacteria collected for yearly susceptibility monitoring as required for laboratory certification. We preliminarily determined that a minimal sample size of 38 isolates was required for a power of 0.9 (testing proportions, Minitab, State College, PA) based on an estimate of 0.5 testing PVL-positive versus 0.75 actually testing PVL-positive. The Clinical and Laboratory Standards Institute methods were used to interpret susceptibility based on serum concentrations because there are no guidelines for interpreting topical antibiotic therapy [8]. The Staphylococcus aureus isolates were tested using disk diffusion susceptibility to the following classes of antibiotics: polypeptides polymyxin macrolides (bacitracin and B), aminoglycosides (gentamicin (erythromycin), and tobramycin), fluoroquinolones (ciprofloxacin, ofloxacin, and moxifloxacin), miscellaneous gatifloxacin. (trimethoprim and sulfamethoxazole), oxacillin and cefoxitin. We determined methicillin resistance using cefoxitin. Multi-resistance was defined as resistance to three or more classes of antibiotics. Only robust or heavy isolation of Staphylococcus aureus from the eyelids of patients with clinical signs of blepharitis were included in the battery of isolates.

# PCR Testing of Staphylococcus aureus for nuc and pvl DNA

The de-identified *Staphylococcus aureus* isolates from blepharitis were retrieved from stocks frozen at - $80^{\circ}$ C that were saved for new drug validation. The isolates were sub-cultured at  $37^{\circ}$ C on 5% trypticase soy agar supplemented with 5% sheep blood red cells (BBL<sup>TM</sup>, Sparks, Maryland).

Nucleic acids were obtained from the *Staphylo-coccus aureus* isolates cells using QuickExtract DNA Extraction Solution (Epicentre). Briefly, 30 microliters were placed in a thin walled PCR tube (0.2 ml) into which a single colony of *Staphylococcus aureus* cells from a plate was placed. The tubes were vortexed briefly to suspend the cells, placed at 65°C for 6 minutes, again vortexed briefly, shifted to 98°C for 2 minutes, and cooled on ice. The resulting lysates were used directly for RT-PCR analysis.

All Staphylococcus aureus isolates were PCR tested for the nuc gene as a positive control for PCR

analysisand the *pvl*gene [9]. The SmartCycler® II system (Cepheid, Sunnyvale,CA) was used to detect both genes, separately. This is a "closed" PCR system where amplification and detection is accomplished TaqMan<sup>®</sup> technology concurrently with using fluorescent probes to detect amplification after each replicating cycle [8]. All PCR reactions contained 15 µl of master mix and 10 µl of extracted Staphylococcus aureus DNA in 25 µl SmartCycler<sup>®</sup> II tubes (Cepheid, Sunnyvale, CA). The master mix for two reactions comprised of a forward primer, reverse primer, probe, DNAase-free water, and an OmniMix<sup>®</sup> HS bead [3 units TaKaRa Hot Start Taq<sup>™</sup> polymerase, 200µM dNTP, and 4 mM MgCl2 in 25mM HEPES buffer, pH 8.0] [9]. The concentrations of forward primer, reverse primer, and probe in the final reaction tube for the nuc and pv/genes were 0.05 µM, 0.05 µM, 0.05 µM, and 0.3 µM, 0.3 µM, 0.1 µM, respectively. The primers and probe for the nuc gene: [forward] 5'-CAA AGC ATC AAA AAG GTG TAG AGA-3'; [reverse] 5'-TTC AAT TTT CTT TGC ATT TTC TAC CA3'; [probe] 5'-56-FAM -TTT TCG TAA ATG CAC TTG CTT CAG GAC CA-36-TAM-3'(Integrated DNA Technologies, Coralville, lowa). The primers and probe for the pvl gene : [forward] 5'-ACA CAC TAT GGC AAT AGT TAT TT-3'; [reverse] 5'-AAA GCA ATG CAA TTG ATG TA-3'; [probe] 5'-56-FAM- ATT TGT AAA CAG AAA TTA CAC AGT TAA ATA TGA-36-TAM-3' 3' (Integrated DNA Technologies, Coralville, Iowa). ATTC Staphylococcus aureus isolates (BAA-1680, USA300, pvl positive, ATCC, Manassas, Virginia) and (BAA-1681, USA100, pvl negative, ATCC, Manassas, Virginia) were used for positive and negative controls for pv/ PCR testing and both were positive controls for nuc PCR testing.

The PCR settings were set in two stages: Stage 1)  $95^{\circ}$ C for 10 minutes to activate the "Hot Start" Taqpolymerase, and Stage 2) 45 cycles of  $95^{\circ}$ C for 3 seconds (denaturing);  $55^{\circ}$ C for 10 seconds (annealing); and,  $65^{\circ}$ C for 60 seconds (extension) with a temperature increase of  $0.5^{\circ}$ C per second.

### **Statistical Analysis**

Comparisons between antibiotics and PVL groups were analyzed at a p-value of 0.05 significance using chi-square testing (Minitab, State College, PA).

### RESULTS

Figure **1** details the *in vitro* susceptibility to commonly used antibiotics of the 59 isolates included in the study. All of the antibiotics demonstrated *in vitro* efficacy (greater than 80% susceptible) against the



Figure 1: Summary of Bacterial Antibiotic Susceptibilities of 59 Staphylococcus aureus Isolated from Blepharitis as Determined by Disk Diffusion Testing.

Staphylococcus aureus isolates, with the exception of erythromycin and polymyxin B, which demonstrated 56% and 2% susceptibility, respectively. Thirteen (22%) of the isolates were resistant to 3 or more classes of antibiotics tested (multi-resistant). Twelve (20%) isolates were found to be methicillin-resistant.

Figure **2** characterizes the *Staphylococcus aureus* isolates from blepharitis in regards to *in vitro* antibiotic susceptibility and PVL testing. Three (5%) isolates were found to be PVL-positive. Of the 13 multi-resistant isolates, three (23%) were PVL-positive. Three of the 12 (25%) methicillin-resistant isolates were PVL-

positive. None of the isolates were broadly susceptible to antibiotics and PVL-positive, which would have been consistent with community-acquired infection. Ten isolates were multi-resistant *in vitro* and PVL-negative, consistent with hospital-acquired infection. Forty-nine isolates (83%) (p=0.0001, Chi square) could not be designated to either group (i.e. were broadly-susceptible to antibiotics and PVL-negative).

#### DISCUSSION

Is Staphylococcus aureus blepharitis a typical skin infection that can be classified based on origin of



Figure 2: Characterization of Staphylococcus aureus from Blepharitis Based on Antibiotic Susceptibility and PVL Testing.

transmission by the presence of the Panton-Valentine Leukocidin toxin and in vitro antibiotic susceptibility testing? Many would presume that Staphylococcus aureus blepharitis is a community-acquired infection. However, based on the results of the current study, Staphylococcus aureus blepharitis is not easily classified as a community-acquired or hospitalacquired infection. None of the isolates were classified as community-acquired. Ten isolates (17%) were classified as hospital-acquired. The remaining 49 isolates (83%) were broadly-susceptible to antibiotics and PVL-negative. Staphylococcus aureus colonizes the skin and mucosa of approximately a third of all immunocompetent adults [9]. These isolates are usually PVL-negative. The fact that the majority of our isolates are PVL-negative, but fall neither into the community-acquired or hospital-acquired category, may shed light on an interesting hypothesis: that Staphylococcus aureus blepharitis may be a "selfacquired" condition, or of unknown origin, stemming from the normal flora of human eyelids.

while Interestingly, Staphylococcus aureus blepharitis is a skin/mucosal infection, based on PVL testing, it does not appear to behave like many skin/mucosal infections elsewhere in the body. We found it mainly to be PVL-negative, but as previously mentioned, many skin infections caused by Staphylococcus aureus are PVL-positive. PVL is strongly associated with skin and soft tissue infections. Colonization and more invasive disease, such as bacteremia or pneumonia, caused by Staphylococcus aureus tend to be PVL-negative [11]. This disputes the theory that PVL is associated with invasive disease and poor prognosis [12]. Again, our findings may support Staphylococcus aureus blepharitis being a "selfacquired" disease rising from colonization of the evelids.

In the current study, we found that most of the *Staphylococcus aureus* isolates were susceptible to the most commonly-used antibiotics. Surprisingly though, the isolates were only susceptible to erythromycin about 50% of the time. Erythromycin is commonly used as a treatment for blepharitis, so this finding could potentially change our prescribing practices. Almost all isolates were susceptible to bacitracin, which could potentially provide our patients with an effective, inexpensive treatment.

Possible limitations to this study do exist. Because the *Staphylococcus aureus* isolates were de-identified, there was no clinical or patient information available. This was essentially a masked retrospective study. Perhaps repeating the study in a prospective manner with clinical information readily available would help to build upon the findings of this study. As with any *in vitro* study, the ability to translate the results *in vivo* is not completely certain.

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